

Optical Benefit 2026

Who we are

Remedi Medical Aid Scheme (referred to as 'the Scheme'), registration number 1430, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company who is registered as an authorised financial services provider (registration number 1997/013480/07), administers Remedi Medical Aid Scheme.

Contact us

Call us on **0860 116 116** or send a query to service@yourremedi.co.za if you have any questions. You can also visit our website www.yourremedi.co.za

Overview

The Optical Benefit covers you for healthcare services related to the health of your eyes. This document explains your optical benefits for 2026 and provides details on how the benefit works for your specific benefit option.

We pay claims up to 100% of the Remedi Rate. The designated service provider for optometry is Preferred Provider Negotiators Pty Ltd (PPN).

This benefit includes cover for lenses, frames, contact lenses and surgery.

Optical Benefit on your benefit option

Comprehensive Option

Optical claims do not accumulate to the Insured Out-of-Hospital Benefit (IOH) annual limit.

- A yearly Optical Benefit limit: R4 430 per person and R8 860 per family
- Additional limits per person per year (above sub-limits also apply):
 - Eye test: 100% of cost at PPN and R420 at other service providers
 - PPN Provider Frame or Lens enhancements: R2 230
 - Non-PPN Provider Frame or Lens enhancements: R1 673

Lenses:

Lenses are funded at 100% at PPN

- Lenses at other service providers
- Clear Single vision (monofocal): R225
- Clear Bifocal: R485
- Base Multifocal: R850 (Additional R50 per lens for branded multifocal lenses)
- Contact lenses: R2 800 (instead of a pair of spectacles).

Refractive eye surgery

- The overall annual limit, with a sub-limit of R36 900 per beneficiary per year applies. Includes payment of corneal cross-linking
- Clinical entry criteria apply
- If preauthorisation is not obtained, no benefits will apply

Classic Option

Optical claims accumulate to the Insured Out-of-Hospital Benefit (IOH) annual limit.

- A yearly Optical Benefit limit: R4 180 per person and R8 360 per family
- Additional limits per person per year (above sub-limits also apply):
 - Eye test: 100% of cost at PPN and R420 at other service providers
 - PPN Provider Frames or Lens enhancements: R1 420
 - Non-PPN Provider Frames or Lens enhancements: R1 420

Lenses:

Lenses are funded at 100% at PPN

- Lenses at other service providers
- Clear Single vision (monofocal): R225
- Clear Bifocal: R485
- Base Multifocal: R850 (Additional R50 per lens for branded multifocal lenses)
- Contact lenses (instead of a pair of spectacles): R2 545

Refractive eye surgery

- Overall annual limit, with a sub-limit of R33 000 per beneficiary per year. Includes payment for corneal cross-linking
- Clinical entry criteria apply
- If preauthorisation is not obtained, no benefits will apply

Standard Option

- We will pay 100% of cost for a composite consultation inclusive of refraction, tonometry and visual field screening at Preferred Provider network every 24 months
- You must use PPN, who is the designated service provider
- One pair of Contact lenses every 24 months instead of spectacles up to the value of R695
- Clear Single vision (monofocal) lenses: Set by PPN up to R225 per lens per person every 24 months
- Clear Bifocal lenses: Set by PPN up to R485 per lens per person every 24 months
- Clear Multifocal or branded lenses: Set by PPN up to R485 per lens per person every 24 months
- One frame and/or lens enhancements from PPN provider every 24 months up to R400

Refractive eye surgery

- No benefit

Complaints process

You may lodge a complaint or query with Remedi Medical Aid Scheme directly on 0860 116 116 or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the Remedi Medical Aid Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / complaints@medicalschemes.co.za / www.medicalschemes.co.za